



**Bermuda National Sprint Triathlon  
Championship & Try-a-Tri  
Sunday July 5th, 2009 - Clearwater Beach**



	<b>National Sprint Championship</b>	<b>Try-a-Tri</b>
<b>Race Briefing/Start time:</b>	9:30AM / 9:45 AM	8:00 AM / 8:15 AM
<b>Distances (swim/bike/run):</b>	750m/20km/5km	150m/5km/1km (shallow water)
<b>Age groups:</b>	16-19,20-29;30-39;40-49; 50+	16 and over
<b>Team categories:</b>	Open, Female, Company	N/A
<b>Entry Fee</b> (cheques payable to BTA):	Individual - \$30 (No Race Day Entry) Team-\$40 or \$30*(No Race Day Entry)	\$15 (No Race Day Entry)
<b>Completed forms to:</b>	Sportseller or Winners Edge by 5 pm <b>Wednesday</b> July 01, 2009 or online until Friday July 3 at 5pm at <a href="http://www.raceday.bm">www.raceday.bm</a>	
<b>Number pickup:</b> + Late Paper entry additional \$10 added to Entry Fee (no race day entry)	<b>If you entered by Wednesday July 1, 5pm:</b> Your number will be available at Craig Appin House, Wesley St., Hamilton, Thursday July 2, 4:30 to 6:15 pm <b>If entered later or didn't pick up on Thurs then:</b> BTA shed, Clearwater, Sunday July 5, 8:00 am to 09:00 am	
<b>Rules:</b>	<b>Swim cap required</b> (not supplied), helmet mandatory, no bare torso on bike or run, no drafting on bike; refer to race rules and instructions downloadable from <a href="http://www.bta.bm">www.bta.bm</a>	
<b>Contacts:</b>	Nick Greet: 278-1246 (w), 238-8729 (h), email: <a href="mailto:nick_greet@agl.aon.com">nick_greet@agl.aon.com</a> Mark Peeters: 505 7275(m) 278 3724(w) email: <a href="mailto:mark.peeters@argore.com">mark.peeters@argore.com</a> Laurence Noble: 537 1207 (m) email: <a href="mailto:laurence_noble@agl.aon.com">laurence_noble@agl.aon.com</a>	
<b>Volunteers:</b>	Please contact the three individuals above - draw prizes for all volunteers	

All individual **sprint** entries must be BTA members (not applicable to Try-a-Tri or teams) (forms available at number pickup or [www.bta.bm](http://www.bta.bm))

\* Swimmer in individual race may also swim for one team (team fee reduced to \$30)

**Download competitor instructions and notes and course maps from [www.bta.bm](http://www.bta.bm)**



*Aon Triathlons – entry form – detach & retain top for reference*

Tick race entry:  Sprint Individual       Sprint Team       Try-a-Tri

**Individual Entry**.....

**Name :** \_\_\_\_\_ **Age on race day** \_\_\_\_\_ **Sex** M / F    **BTA member?** Y / N

**Tel:** \_\_\_\_\_ **Email:** \_\_\_\_\_ **Signature\*\*** \_\_\_\_\_

**Team Entry**.....

Tick category:  Company  Female  Open -    Team name: \_\_\_\_\_

Is this an insurance team? Name of Insurance Company \_\_\_\_\_

↓ Tick team contact  Tick if swimmer also competing as individual (must still complete individual form)

↓	Name	Sex	Age	Email	Signature**
<b>Swim</b>					
<b>Cycle</b>					
<b>Run</b>					

**\*\*Application, consent and release**

I agree to comply with the rules and event instructions. In consideration of my participation, I consent to discharge the BTA, BLDC, the Bermuda Government, the race sponsors, any of their officials, volunteers or directors from any claims, damages, or personal injuries or property loss incurred by me during the participation in the race, however caused. I acknowledge that this event is extremely strenuous and hazardous even under the most favourable conditions. I understand that my participation in this event carries risk of personal injury or death, which may be caused by terrain, weather conditions, my physical condition, vehicular and pedestrian traffic, volunteers and other participants in the event. I understand and accept these risks and hazards inherent in this event. I consent to receive medical treatment that may be deemed advisable in the event of injury, accident and/or illness during the event. I am of legal age and understand this consent and release. If a minor, a parent/guardian signature is required.