

**Bermuda Bicycle Association
Road Race National Championships
Sponsored by RMS Construction
28 June 2009
Start Time: 8:00AM
Southside**



Note – All Juniors must report for Gearing Check!!!

Note – Deadline for pre-registration is 5PM Thursday 25 June 2009

Note – Number pick up deadline at Winners Edge Friday 26 June 2009

General Information

BBA race rules apply - copy available on web site www.bermudabicycle.org

Numbers - display on frame and on right hand side of jersey. Numbers may not be modified.

Start/finish - Coopers Island Road just before car park entrance- (see map attached for route). Please note the start time of 8:00am and make sure you arrive in ample time for a prompt start. If racing in Junior category please come early enough to have your gearing checked prior to start time.

Start Groups/Order

1. Open men – 10 laps (52.50 miles)
2. Open women – 8 laps (42 miles)
3. Junior Boys (amended to 18 yrs and under) – 6 laps (31.50 miles)
4. Junior Girls (amended to 18 yrs and under) – 4 laps (21 miles)
5. Junior B – 3 laps – (not a National Championship event) – (15.75 miles)
6. Junior C – 2 laps – (not a National Championship event) – (10.50 miles)

Pits

There pit areas have been designated:

1. Adjacent start/finish area
2. Lower Gate roundabout
3. U-turn at Double Dip
 - a) You can chose to leave your wheels, clearly marked, at any pit area- some neutral wheels (available to any rider) may be provided - otherwise you can only use your own or team wheels.
 - b) You must follow the course to access the pits; no turning around – exception – the pit area at Lower Gate roundabout can be accessed form either direction. You must continue afterwards in the direction in which you were initially approaching the pit- no cutting the course.

Feed zones

Riders can take bottles and food at any point on the course. If volunteers are available on the day a neutral feed area will be established near the start/finish area to hand off RIDER PROVIDED drinks. You must supply your own extra bottles.

Centre line - Riders must stay to the left of the centre line at all points on the course.

Ride safely (no headphones) and obey all marshals. Course is open to traffic.